



On behalf of the Newington Swimming Club Committee, we would like to welcome our swimmers and families to 2023. Please take a moment to read this newsletter each term for a Club Overview.

Events

Speedo Sprints

is being held 5th February 2023. Newington Swim Club is part of Metropolitan South East. This is an under 13's heat events for the 4 x 50m form strokes. Finals are held later in the term. Further information can be found here.

<https://metsea.swimmingclub.org.au/>

Malabar Magic

Please join the Newington Team on 19th February for the annual Malabar Magic. This is a wonderful charity to support and a great family day at the beach. Follow the link for further information and registration details.

<https://www.malabarmagicocceanswim.com.au/cms/home2023>

Starlight Super Swim

This February, please consider joining the Newington Swim Club Team to raise money in this Swim Challenge. Our team goal is to raise \$5000 for this charity. Swimmers will be encouraged during their squads to join up and track the kilometres they swim over February. We welcome all families to join our team. Swimmers can be sponsored per lap or with a donation.

<https://superswim.org.au/>

Club Nights

We will be hosting timed Club Nights again this year in weeks 3,6, 9 of each term. These nights are an excellent opportunity for our swimmers to practice racing and use the advantage of our home pool to swim qualifying times. Events will be notified beforehand, and swimmers need to register through Swim Central. A nominal fee is charged to entrants to cover the cost of our officials. Our first Club Night is 15th February. We have invited MLC Swim Team to join us. We will be having a sausage sizzle to end the evening.

School Carnivals

We would like to wish all our members good luck as they compete in their school carnivals over the next few weeks. We look forward to hearing about how you go!

Monthly Club Meetings

Our next Club Meeting will be Wednesday 22nd February via Zoom. The link will be posted on our Team App and website closer to the evening. Please consider joining us as we welcome further parental involvement in our Club.



Other News

We look forward to the introduction of the Performance Squads is being trialled.