

Date	Meet information	Location	Qualifying times (QTs)	Squad
25 th – 26 th June	Metro South East short course championships Program and QTs Entries: https://swimcentral.swimming.org.au/home Open: 2 nd May Close: 14 th June	SOPAC	Yes, moderately difficult	All swimmers with QTs
3 rd July	MLC Marlins long course invitational MLC program Entries: https://swimcentral.swimming.org.au/home Open: 23 rd May Close: 21 st June	MLC school aquatic centre https://www.mlcsyd.nsw.edu.au/contact-us/maps-and-location	No	All swimmers
15 th – 17 th July	Metropolitan short course championships Metro program and QTs Entries: https://swimcentral.swimming.org.au/home Open: 27 th May Close: 5 th July	SOPAC	Yes, difficult	All swimmers with QTs

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31 st July	Aquablitz Toongabbie short course Aquablitz program and QTs Entries: https://swimcentral.swimming.org.au/home Open: 23 rd May Close: 20 th July	SOPAC	None for 50m events Yes for 100m and 200m events, not as hard as MetSEA	All swimmers
12 th – 14 th August	NSW Senior State Age Short Course Championships NSW Senior SC program and QTs Entries: https://swimcentral.swimming.org.au/home Open: Early June Close: 2 nd August	SOPAC	Yes, difficult	All swimmers with QTs Ages: Girls 13 and above Boys 14 and above
3 rd – 4 th September	NSW Junior State Age Short Course Championships NSW Junior SC program and QTs Entries: https://swimcentral.swimming.org.au/home Open: Early June Close: 23 rd August	SOPAC	Yes, difficult	All swimmers with QTs Ages: Girls 12 and under Boys 13 and under

