

Date	Meet information	Location	Qualifying times (QTs)	Squad
25 <sup>th</sup> – 26 <sup>th</sup> June	Metro South East short course championships  <a href="#">Program and QTs</a>  Entries: <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a> Open: 2 <sup>nd</sup> May Close: 14 <sup>th</sup> June	SOPAC	Yes, moderately difficult	All swimmers with QTs
3 <sup>rd</sup> July	MLC Marlins long course invitational  <a href="#">MLC program</a>  Entries: <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a> Open: 23 <sup>rd</sup> May Close: 21 <sup>st</sup> June	MLC school aquatic centre  <a href="https://www.mlcsyd.nsw.edu.au/contact-us/maps-and-location">https://www.mlcsyd.nsw.edu.au/contact-us/maps-and-location</a>	No	All swimmers
15 <sup>th</sup> – 17 <sup>th</sup> July	Metropolitan short course championships  <a href="#">Metro program and QTs</a>  Entries: <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a> Open: 27 <sup>th</sup> May Close: 5 <sup>th</sup> July	SOPAC	Yes, difficult	All swimmers with QTs

Date	Meet information	Location	Qualifying times (QTs)	Squad
31 <sup>st</sup> July	<p>Aquablitz Toongabbie short course</p> <p><a href="#">Aquablitz program and QTs</a></p> <p>Entries:  <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a>            Open: 23<sup>rd</sup> May            Close: 20<sup>th</sup> July</p>	SOPAC	<p>None for 50m events</p> <p>Yes for 100m and 200m events, not as hard as MetSEA</p>	All swimmers
12 <sup>th</sup> – 14 <sup>th</sup> August	<p>NSW Senior State Age Short Course Championships</p> <p><a href="#">NSW Senior SC program and QTs</a></p> <p>Entries:  <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a>            Open: Early June            Close: 2<sup>nd</sup> August</p>	SOPAC	Yes, difficult	<p>All swimmers with QTs</p> <p>Ages: Girls 13 and above</p> <p>Boys 14 and above</p>
3 <sup>rd</sup> – 4 <sup>th</sup> September	<p>NSW Junior State Age Short Course Championships</p> <p><a href="#">NSW Junior SC program and QTs</a></p> <p>Entries:  <a href="https://swimcentral.swimming.org.au/home">https://swimcentral.swimming.org.au/home</a>            Open: Early June            Close: 23<sup>rd</sup> August</p>	SOPAC	Yes, difficult	<p>All swimmers with QTs</p> <p>Ages: Girls 12 and under</p> <p>Boys 13 and under</p>

